



Republic of the Philippines
QUEZON CITY COUNCIL

Quezon City
23rd City Council

PR23CC-693

53rd Regular Session

RESOLUTION NO. SP- **10569**, S-2026

A RESOLUTION ENCOURAGING HEAT HEALTH AWARENESS AND PREVENTIVE MEASURES AGAINST HEAT-RELATED ILLNESSES AMONG WORKERS, STUDENTS, AND RESIDENTS IN QUEZON CITY

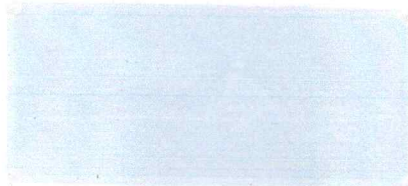
Introduced by Councilors DOROTHY A. DELARMENTE, M.D., CANDY A. MEDINA, WENCEROM BENEDICT C. LAGUMBAY and JOSE MARIA "Mari" M. RODRIGUEZ

Co-Introduced by Councilors Tany Joe "TJ" L. Calalay, Bernard R. Herrera, Joseph P. Juico, Charm Ferrer, CPA, MPA, JD, Nicole "Nikki" V. Crisologo, Mikey F. Belmonte, Atty. Voltaire Godofredo "Bong" Liban III, Aly Medalla, Dave C. Valmocina, Ranulfo "Tatay Rannie" Z. Ludovica, Geleen "Dok G" Lumbad, Atty. Christoffer Allan "Tope" Liguigan, Albert Alvin "Chuckie" L. Antonio III, Don S. De Leon, Luigi D. Pumaren, Atty. Vicente Belmonte Jr., Edgar "Egay" G. Yap, Nanette Castelo Daza, Imee Rillo, Atty. Jesus Miguel Suntay, Raquel S. Malañgen, Joseph Joe Visaya, Aiko Melendez, Alfred Vargas, MPA, Karl Edgar Castelo, Shaira "Shay" L. Liban, Ram V. Medalla, Maria Eleanor "Doc Ellie" R. Juan, O.D., Emmanuel Banjo A. Pilar, Kristine Alexia Matias, RN, Victor "Vic" D. Bernardo, Vito Sotto Generoso, Erwin Rey "Cocoy" A. Medina, and Jhon Angelli "Sami" C. Neri

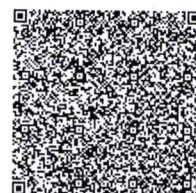
WHEREAS, the Quezon City Government remains committed to safeguarding the health and well-being of its residents through proactive public health programs;

WHEREAS, rising temperatures and extreme heat events have become increasingly common due to climate change and urban heat conditions;

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WHEREAS, prolonged exposure to high temperatures may lead to heat-related illnesses such as heat exhaustion, heat cramps, and heat stroke, which can pose serious health risks;

WHEREAS, outdoor workers, students, athletes, senior citizens, and vulnerable populations may be particularly at risk during periods of high heat index;

WHEREAS, public awareness and preventive measures such as proper hydration, adequate rest, shaded areas, and appropriate scheduling of outdoor activities can significantly reduce heat-related health risks;

WHEREAS, barangays, schools, and community organizations can help promote awareness and preparedness against heat-related illnesses.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to encourage, as it does hereby encourage, heat health awareness and preventive measures against heat-related illnesses among workers, students, and residents in Quezon City.

RESOLVED FURTHER, that barangays are encouraged to conduct information campaigns on heat safety practices, including proper hydration, use of shaded areas, and recognizing early symptoms of heat-related illnesses.

RESOLVED FURTHERMORE, that schools and youth organizations are encouraged to educate students on heat safety and responsible outdoor activity during periods of high heat index.

RESOLVED FURTHERMORE, that community awareness activities may promote practical measures to reduce heat exposure, particularly for outdoor workers, athletes, and vulnerable populations.

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RESOLVED FINALLY, that copies of this Resolution be furnished to the Quezon City Health Department, the Department of Public Order and Safety, the Quezon City Schools Division Office, all barangays in Quezon City, and other concerned offices for their information and appropriate action.

ADOPTED: July 9, 2026.

CERTIFICATION

This is to certify that this Resolution was ADOPTED by the City Council on Second Reading on July 9, 2026 and was CONFIRMED on July 20, 2026.


GIAN G. SOTTO
City Vice Mayor
Presiding Officer

ATTESTED:


ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(Secretary to the Sanggunian)